

# THL 4550: The Contemplative Tradition

Exploration of classical Christian teachings on silent prayer and meditation. Focus on both the theoretical understanding of the ancient practice of contemplation and its practice in daily life. Interdisciplinary approach through reading ancient Christian and contemporary authors.

**Credits:** 3

**Prerequisites:**

THL 1050

THL 1000

HON 1003

HON 1053

THL 1051

THL 1050 :D- or THL 1000 :D- or HON 1825 :D- or HON 1003 :D- or HON 1053 :D- or THL 1051 :D- or HON 1827 :D- or HON 1850 :D-

**Program:** [Theology and Religious Studies](#)