

CADC 0041: Counselor Wellness

Counselor Wellness Due to the demanding nature of the job of working with substance abusers, burnout is a real & damaging possibility for counselors. The seminar will explore techniques for maintaining a sense of well-being even amidst the chaos that is often a part of our daily routine. This seminar is a must for those of us who sometimes feel overwhelmed by the ongoing pressures of dealing with dependent personalities.

Credits: 1.0