

# CADC 0044: Brief Therapy Techniques

Brief Therapy and Time Effective Approaches to Treatment Course will provide an overview of the dramatic changes occurring within health care, with emphasis on the role of managed care, behavioral risk management, preferred provider networks, employee assistance programs, and multi-network partnerships of treatment modalities. Course will focus on describing the various brief approaches to treatment including "standards" such as cognitive behavioral and strategic family therapy.

**Credits:** 1.0